



Township of Ocean Schools

Assistant Superintendent
Office of Teaching and Learning

SPARTAN MISSION:

Meeting the needs of all students with a proud tradition of academic excellence.

Curriculum Development Timeline

School: Ocean Township High School

Course: Health, Grade 12

Department: Health & Physical Education

Board Approval	Supervisor	Notes
August 2007	Fred West	Born Date
October 2012	Gina Hagerman	Revisions
December 2017	Mike Lambusta	Revisions
March 2019	Mike Lambusta	Review

Home of the Spartans!
#spartanlegacy





Township of Ocean Schools

Assistant Superintendent
Office of Teaching and Learning

SPARTAN MISSION:

Meeting the needs of all students with a proud tradition of academic excellence.

Pacing Guide			
Week	Marking Period 1	Week	Marking Period 3
1	Families and Relationships	1	Physical Education
2	Families and Relationships	2	
3	Sexually Transmitted Infection	3	
4	Drugs and Alcohol	4	
5	Drugs and Alcohol	5	
Week	Marking Period 2	Week	Marking Period 4
1	Physical Education	1	Physical Education
2		2	
3		3	
4		4	
5		5	

Core Instructional & Supplemental Materials including various levels of Texts
<ul style="list-style-type: none">• Health Packet made from Glencoe Health, A Guide to Wellness Book• Kahoot (interactive trivia game)• Videos

Home of the Spartans!
#spartanlegacy



Township of Ocean Schools

Assistant Superintendent
Office of Teaching and Learning

SPARTAN MISSION:

Meeting the needs of all students with a proud tradition of academic excellence.

Time Frame	2 weeks
Topic	
Families / Relationships	
Essential Questions	
<ul style="list-style-type: none">• How do we learn to understand and respect diversity in relationships?• How do family structures, values, rituals, and traditions meet basic human needs worldwide?• What is the historical role of life commitments, such as marriage?• How do changes in friendship, family, dating relationship, and lifetime commitments cause relationships to evolve over time?• What are some parenting strategies used at various stages of child development based on valid sources of information?• What are some factors that affect the decision to become a parent?	
Enduring Understandings	
<ul style="list-style-type: none">• Tolerance, appreciation, and understanding of individual differences are necessary in order to establish healthy relationships.• Reliable personal and professional resources are available to assist with relationship problems.• Learning about sexuality and discussing sexual issues is critical for sexual health, but is a sensitive and challenging process.• There are many additional challenges that confront those who are not heterosexual.	
Alignment to Standards	
2.2: A.1, A.3, B.1, B.2, E, E.2 2.4: A.1, A.2, A.3, A.4, A.5, A.6, B.4	
Learning Activities & Key Concepts and Skills	
<ul style="list-style-type: none">• To identify that all families are different and that is okay• To identify professional services available in our school and community to help students with different family issues• To provide students with the traits of a healthy relationship.	

Home of the Spartans!
#spartanlegacy



Township of Ocean Schools

Assistant Superintendent
Office of Teaching and Learning

SPARTAN MISSION:

Meeting the needs of all students with a proud tradition of academic excellence.

- To provide students with information that will promote a sense of well-being.
- To encourage communication and positive self-esteem.
- To understand that different families have different methods of raising children.
- Maslow's Hierarchy of Needs
- Note Taking
- Class Debates-
 - Why did divorce become so popular in the 1970's
- Class Discussions-Crossover-chemical dependency is the #1 reason for chaos/stress in a home.
- Communication Activity
- Family/ baby cost analysis
- Video "Radio Flyer"
- "Reviving Ophelia" Film

Assessments

Formative:

- Classroom Discussion
- Anecdotal Notes
- Cooperative Learning Groups
- Exit Slips
- Open-ended Questions
- Student Checklists
- Google Form Journal Entries

Summative:

- Participation and teacher observation

Home of the Spartans!
#spartanlegacy



Township of Ocean Schools

Assistant Superintendent
Office of Teaching and Learning

SPARTAN MISSION:

Meeting the needs of all students with a proud tradition of academic excellence.

- End of Unit Tests
- Daily assignments
- Anecdotal Notes

Benchmark:

- Pre-test and Post-test
- Vocabulary Quizzes
- Presentations or Projects

Alternative:

- PSA Videos/ Skits

Career Education

CRP1: Act as a responsible and contributing citizen and employee
CRP2: Apply appropriate academic and technical skills
CRP4: Communicate clearly and effectively and with reason
CRP5: Consider the environmental social and economic impacts of decisions
CRP6: Demonstrate creativity and innovation
CRP7: Employ valid and reliable research strategies
CRP8: Utilize critical thinking to make sense of problems and persevere in solving them
CRP12: Work productively in teams while using cultural global competence

21st Century Skills

9.1 Personal Financial Literacy- Explain what it means to be a responsible consumer and the factors to consider when making consumer decisions
9.2 Career Awareness, Exploration, and Preparation- Identify a career goal and develop a plan and timetable for achieving it, including educational/training requirements, and costs

Interdisciplinary Connections

English Language Arts - NJLSA.SL.9-10, 11-12
Digital Portfolios, Close Reading, Primary Source Analysis

Technology Integration

NJSLS 8.1, 8.2 - Technology Education

- Students will use Google Classroom to participate in an online classroom discussion utilizing pre-learned etiquette about blended learning platforms.
- Students will select the media platform which best suits their project needs.
- Students will use Google Sites to curate a portfolio demonstrating their learning, growth, and

Home of the Spartans!
#spartanlegacy



Township of Ocean Schools

Assistant Superintendent
Office of Teaching and Learning

SPARTAN MISSION:

Meeting the needs of all students with a proud tradition of academic excellence.

reflection throughout the course.

- Students will use Google Slides and YouTube to synthesize and present information/learning.

Time Frame	1 week
Topic	
Sexually Transmitted Infections	
Essential Questions	
<ul style="list-style-type: none">• What are the consequences of our choices in terms of wellness?• Why are 85% of people with an STI between the age of 15 and 30 years of age?• How is abstinence an essential component of Sexually Transmitted Infection prevention?• What should a person do if they believe they may be infected with an STI?	
Enduring Understandings	
<ul style="list-style-type: none">• The decision to become sexually active affects one's physical, social, and emotional health.• Responsible actions regarding sexual behavior impact the health of oneself and others.• Information supports abstinence as the most effective method for STI and AIDS prevention.• Early detection strategies and regular physical exams assist in the prevention and treatment of illness or disease.	
Alignment to Standard	
12.2.2.12: B.1 12.2.4.12: B.1, B.2, B.3, B.5	
Learning Activities & Key Concepts and Skills	
<ul style="list-style-type: none">• To identify the signs and symptoms of Chlamydia, Gonorrhea, Herpes, Genital Warts, Syphilis, Hepatitis B, C, and HIV/AIDS.• To recognize high-risk behaviors that increase the possibility of contracting a Sexually Transmitted Infection	

Home of the Spartans!
#spartanlegacy



Township of Ocean Schools

Assistant Superintendent
Office of Teaching and Learning

SPARTAN MISSION:

Meeting the needs of all students with a proud tradition of academic excellence.

- To identify professional services available in our school and community to go to for professional help and screening
- To identify and avoid high-risk social situations.
- Identify the different means of contraception and the pros and cons of each
- To encourage communication and positive self-esteem.
- Note Taking
- Class Debates-Why should teens be abstinent
- STI PSA- Encourage students to get medical help for all health problems, including suspected STIs using local resources for medical care.
- Class Discussions-How will you teach your kids the birds and Bees, What age should your kids begin dating?
- Class Activities-Build the Perfect Mate.
- Videos “The Band Played On”, “AIDS in pop culture”
- Fluid Exchange Activity
- DICE Activity

Assessments

Formative:

- Classroom Discussion
- Anecdotal Notes
- Cooperative Learning Groups
- Exit Slips
- Open-ended Questions
- Student Checklists
- Google Form Journal Entries

Summative:

- Participation and teacher observation

Home of the Spartans!
#spartanlegacy



Township of Ocean Schools

Assistant Superintendent
Office of Teaching and Learning

SPARTAN MISSION:

Meeting the needs of all students with a proud tradition of academic excellence.

- End of Unit Tests
- Daily assignments
- Anecdotal Notes

Benchmark:

- Pre-test and Post-test
- Vocabulary Quizzes
- Presentations or Projects

Alternative:

- Google Sites

Career Education

CRP1: Act as a responsible and contributing citizen and employee
CRP2: Apply appropriate academic and technical skills
CRP4: Communicate clearly and effectively and with reason
CRP5: Consider the environmental social and economic impacts of decisions
CRP6: Demonstrate creativity and innovation
CRP7: Employ valid and reliable research strategies
CRP8: Utilize critical thinking to make sense of problems and persevere in solving them
CRP12: Work productively in teams while using cultural global competence

21st Century Skills

9.1 Personal Financial Literacy- Explain what it means to be a responsible consumer and the factors to consider when making consumer decisions
9.2 Career Awareness, Exploration, and Preparation- Identify a career goal and develop a plan and timetable for achieving it, including educational/training requirements, and costs

Interdisciplinary Connections

English Language Arts - NJLSA.SL.9-10, 11-12
Digital Portfolios, Close Reading, Primary Source Analysis

Technology Integration

NJSLS 8.1, 8.2 - Technology Education

- Students will use Google Classroom to participate in an online classroom discussion utilizing pre-learned etiquette about blended learning platforms.
- Students will select the media platform which best suits their project needs.
- Students will use Google Sites to curate a portfolio demonstrating their learning, growth, and reflection throughout the course.
- Students will use Google Slides and YouTube to synthesize and present information/learning.

Home of the Spartans!
#spartanlegacy



Township of Ocean Schools

Assistant Superintendent
Office of Teaching and Learning

SPARTAN MISSION:

Meeting the needs of all students with a proud tradition of academic excellence.

Time Frame	2 week
Topic	
Drugs and Alcohol	
Essential Questions	
<ul style="list-style-type: none">• What is the difference between drug use, drug misuse, and drug abuse?• What are the different classifications of drugs?• Why it is important for teens to understand that Alcohol is a drug, and the dangers of alcohol use.• Why do people choose to use alcohol, tobacco and other drugs when they are aware of the detrimental effects?• How do I make the “right” decisions in the face of peer, media and other pressures?• Why does one person become addicted and another does not?	
Enduring Understandings	
<ul style="list-style-type: none">• Research has clearly established that alcohol, tobacco, and other drugs have a variety of harmful effects on the human body• There are common indicators, stages, and influencing of chemical dependency• To identify the changes, both physical and emotional, associated with drug use.• To recognize the legal implications associated with chemical use.• To identify professional services available in our school and community and the methods to activate them.• To provide the environment that will foster a “no use” message at our school.• To provide students with information that will promote a sense of well being.• To encourage communication and positive self-esteem.	
Alignment to Standard	
12.2.3.12: A.3, B.1, B.2, B.3, B.4, B.5, C.3	
Learning Activities & Concepts and Skills	
<ul style="list-style-type: none">• Overview of drug classifications and facts about each classification.	

Home of the Spartans!

#spartanlegacy



Township of Ocean Schools

Assistant Superintendent
Office of Teaching and Learning

SPARTAN MISSION:

Meeting the needs of all students with a proud tradition of academic excellence.

- Facts about Tolerance, Addiction, and Detoxification.
- How and where to get assistance for Recovery and Counseling
- Review of Drug Classifications
- Signs and symptoms of substance abuse
- Negative effects on the body
- Effects of substance abuse on family and friends
- Risks of performance-enhancement supplements
- Prevention
- How and where to get assistance
- Note Taking
- Class Debates-Why the drinking age should remain 21?
- Class Discussion-Should NJSIAA Drug test?
- Student Presentations
- Videos, “Intervention”, “The Party never stops”, “The Price of XTC”, FBI Documentary- Chasing the Dragon- Heroin Epidemic, Unconscious Truth Alcohol Poisoning & 911 Immunity Law
- Debates

Assessments

Formative:

- Classroom Discussion
- Anecdotal Notes
- Cooperative Learning Groups
- Exit Slips
- Open-ended Questions
- Student Checklists

Home of the Spartans!
#spartanlegacy



Township of Ocean Schools

Assistant Superintendent
Office of Teaching and Learning

SPARTAN MISSION:

Meeting the needs of all students with a proud tradition of academic excellence.

- Google Forms Journal Entry

Summative:

- Participation and teacher observation
- End of Unit Tests
- Daily assignments
- Anecdotal Notes

Benchmark:

- Pre-test and Post-test
- Vocabulary Quizzes
- Presentations or Projects

Alternative:

- Google Sites

Career Education

- CRP1: Act as a responsible and contributing citizen and employee
- CRP2: Apply appropriate academic and technical skills
- CRP4: Communicate clearly and effectively and with reason
- CRP5: Consider the environmental social and economic impacts of decisions
- CRP6: Demonstrate creativity and innovation
- CRP7: Employ valid and reliable research strategies
- CRP8: Utilize critical thinking to make sense of problems and persevere in solving them
- CRP12: Work productively in teams while using cultural global competence

21st Century Skills

- 9.1 Personal Financial Literacy- Explain what it means to be a responsible consumer and the factors to consider when making consumer decisions
- 9.2 Career Awareness, Exploration, and Preparation- Identify a career goal and develop a plan and timetable for achieving it, including educational/training requirements, and costs

Interdisciplinary Connections

English Language Arts - NJSLA.SL.9-10, 11-12
Digital Portfolios, Close Reading, Primary Source Analysis

Technology Integration

- NJSLS 8.1, 8.2 - Technology Education
 - Students will use Google Classroom to participate in an online classroom discussion utilizing pre-learned etiquette about blended learning platforms.
 - Students will select the media platform which best suits their project needs.

Home of the Spartans!
#spartanlegacy



Township of Ocean Schools

Assistant Superintendent
Office of Teaching and Learning

SPARTAN MISSION:

Meeting the needs of all students with a proud tradition of academic excellence.

- Students will use Google Sites to curate a portfolio demonstrating their learning, growth, and reflection throughout the course.
- Students will use Google Slides and YouTube to synthesize and present information/learning.

Modifications (ELL, Special Education, At-Risk Students, Gifted & Talented, & 504 Plans)

ELL:

- Work toward longer passages as skills in English increase
- Use visuals
- Introduce key vocabulary before lesson
- Teacher models reading aloud daily
- Provide peer tutoring
- Use of Bilingual Dictionary
- Guided notes and/or scaffold outline for written assignments
- Provide students with English Learner leveled readers.

Supports for Students With IEPs:

- Allow extra time to complete assignments or tests
- Guided notes and/or scaffold outline for written assignments
- Work in a small group
- Allow answers to be given orally or dictated
- Use large print books, Braille, or books on CD (digital text)
- Follow all IEP modifications

At-Risk Students:

Home of the Spartans!
#spartanlegacy



Township of Ocean Schools

Assistant Superintendent
Office of Teaching and Learning

SPARTAN MISSION:

Meeting the needs of all students with a proud tradition of academic excellence.

- Guided notes and/or scaffold outline for written assignments
- Introduce key vocabulary before lesson
- Work in a small group
- Lesson taught again using a differentiated approach
- Allow answers to be given orally or dictated
- Use visuals / Anchor Charts
- Leveled texts according to ability

Gifted and Talented:

- Create an enhanced set of introductory activities (e.g. advance organizers, concept maps, concept puzzles)
- Provide options, alternatives and choices to differentiate and broaden the curriculum
- Organize and offer flexible small group learning activities
- Provide whole group enrichment explorations
- Teach cognitive and methodological skills
- Use center, stations, or contracts
- Organize integrated problem-solving simulations
- Propose interest-based extension activities
- Expose students to beyond level texts.

Supports for Students With 504 Plans:

- Follow all the 504 plan modifications
- Text to speech/audio recorded selections
- Amplification system as needed
- Leveled texts according to ability

Home of the Spartans!
#spartanlegacy



Township of Ocean Schools

Assistant Superintendent
Office of Teaching and Learning

SPARTAN MISSION:

Meeting the needs of all students with a proud tradition of academic excellence.

- Fine motor skill stations embedded in rotation as needed
- Modified or constrained spelling word lists
- Provide anchor charts with high frequency words and phonemic patterns

Home of the Spartans!
#spartanlegacy