



Township of Ocean Schools

Assistant Superintendent
Office of Teaching and Learning

SPARTAN MISSION:

Meeting the needs of all students with a proud tradition of academic excellence.

Curriculum Development Timeline

School: Ocean Township High School

Course: Health, Grade 9

Department: Health & Physical Education

Board Approval	Supervisor	Notes
July 2009	Fred West	Born Date
October 2012	Gina Hagerman	Revisions
December 2017	Mike Lambusta	Revisions
March 2019	Mike Lambusta	Review

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Pacing Guide			
Week	Marking Period 1	Week	Marking Period 3
1	Addiction	1	Physical Education
2	Sexually Transmitted Infection Prevention	2	
3	Contraception	3	
4	Pregnancy and Childbirth	4	
5	Pregnancy and Childbirth	5	
Week	Marking Period 2	Week	Marking Period 4
1	Physical Education	1	Physical Education
2		2	
3		3	
4		4	
5		5	

Core Instructional & Supplemental Materials including various levels of Texts	
<ul style="list-style-type: none"> • Health Packet made from Glencoe Health, A Guide to Wellness Book • Kahoot (interactive trivia game) • Videos: The Perfect High (heroin), Intervention Documentary A & E, She's Too Young, Unwed Father 	

Time Frame	1 Week
Topic	

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Addiction

Essential Questions

- What's an addiction and its effects on society?
- Why do people choose to use alcohol, tobacco and other drugs when they are aware of the detrimental effects?
- How do I make the "right" decisions in the face of peer, media and other pressures?

Enduring Understandings

- There are common indicators, stages and influencing factors of chemical dependency.

Alignment to Standards

NJSLS-2.1:D.3, 2.1.4.A, 2.1.6.A, 2.3.4.B, 2.3.6.B, 2.3.4.C, 2.2.4.B, 2.2.6.B, SL.3.1, SL.3.3, SL.3.6

Learning Activities & Key Concepts and Skills

- Notes and lectures corresponding with PowerPoint presentations, discussion, videos, YouTube clips
- Students will be able to recognize the 3 stages of dependency and symptoms of withdrawal, explain and understand short and long term effects of drugs
- Organize drugs in classifications
- Explain drugs impact on health
- Comprehend drugs impact on self and society
- Students will be able to devise a plan for prevention

Assessments

Formative:

- Classroom Discussion
- Anecdotal Notes
- Cooperative Learning Groups
- Exit Slips
- Open-ended Questions
- Student Checklists

Summative:

- Participation and teacher observation
- End of Unit Tests
- Daily assignments
- Anecdotal Notes

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Benchmark:

- Pre-test and Post-test
- Vocabulary Quizzes
- Presentations or Projects

Alternative:

- Portfolios

Career Education

- CRP1: Act as a responsible and contributing citizen and employee
- CRP2: Apply appropriate academic and technical skills
- CRP4: Communicate clearly and effectively and with reason
- CRP5: Consider the environmental social and economic impacts of decisions
- CRP6: Demonstrate creativity and innovation
- CRP7: Employ valid and reliable research strategies
- CRP8: Utilize critical thinking to make sense of problems and persevere in solving them
- CRP12: Work productively in teams while using cultural global competence

21st Century Skills

- 9.1 Personal Financial Literacy- Explain what it means to be a responsible consumer and the factors to consider when making consumer decisions
- 9.2 Career Awareness, Exploration, and Preparation- Identify a career goal and develop a plan and timetable for achieving it, including educational/training requirements, and costs

Interdisciplinary Connections

English Language Arts - NJLSA.SL.9-10, 11-12
Digital Portfolios, Close Reading, Primary Source Analysis

Technology Integration

NJSLS 8.1, 8.2 - Technology Education

- Students will use Google Classroom to participate in an online classroom discussion utilizing pre-learned etiquette about blended learning platforms.
- Students will select the media platform which best suits their project needs.
- Students will use Google Sites to curate a portfolio demonstrating their learning, growth, and reflection throughout the course.
- Google Slides
- YouTube
- Synthesize and present information

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Time Frame	1 week
Topic	
Sexually Transmitted Infections	
Essential Questions	
<ul style="list-style-type: none">• What are the benefits of abstinence?• What are the risks associated with unprotected sexual behavior?	
Enduring Understandings	
<ul style="list-style-type: none">• Current and future personal wellness is dependent upon applying health-related concepts and skills in everyday lifestyle behaviors.• Current and emerging diagnostic, prevention and treatment strategies can help people live healthier and longer than ever	
Alignment to Standards	
2.4: B.1, B.2, B.3, B.5	
Learning Activities & Key Concepts and Skills	
-compare viral & bacterial STI's -understand signs & symptoms -realize short & long term consequences -analyze behaviors that lead to STI -discuss risk reduction Notes and Lecture with the corresponding powerpoint Discussion Videos Worksheets Group work Handouts Quick Writes (Do Now)	
Assessments	
Formative: <ul style="list-style-type: none">• Classroom Discussion• Anecdotal Notes• Cooperative Learning Groups• Exit Slips• Open-ended Questions• Student Checklists• Google Form Journal Entries	
Summative: <ul style="list-style-type: none">• Participation and teacher observation• End of Unit Tests• Daily assignments	

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- Anecdotal Notes

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- Students will use Google Slides and YouTube to synthesize and present information/learning.

1 week

Topic

Contraception

Essential Questions

- What are the factors that influence the choice, use, and effectiveness of contraception?
- What are the possible long term effects of adolescent sex on one's future?

Enduring Understandings

Students will gain an understanding of abstinence, methods of contraception, and the impact of teen

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pregnancy.

Alignment to Standards

2.4.12.B.1

2.4.12.B.3

Learning Activities & Key Concepts and Skills

-the effectiveness of different methods of contraception

Notes and Lecture

Discussion

Video

Worksheets

Group work

Handouts

Quick Writes (Do Now)

Assessments

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CRP12: Work productively in teams while using cultural global competence

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Time Frame | 2 week

Topic

Pregnancy & Childbirth

Essential Questions

- What are the signs of pregnancy?
- What are the stages of pregnancy?
- What is the birthing process?

Enduring Understandings

- Pregnancy, childbirth, and parenthood are significant events that cause numerous changes in one's life and the lives of others.

Alignment to Standards

2.2: E

2.4: C.1, C.2, C.3, C.7

Learning Activities & Key Concepts and Skills

- describe fetal development from conception to birth
- list the 3 stages of labor
- understand the role of genes & heredity
- compare twin development
- realize the impact of teen pregnancy

Notes and Lecture

Discussion

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Video
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Modifications (ELL, Special Education, At-Risk Students, Gifted & Talented, & 504 Plans)

ELL:

- Work toward longer passages as skills in English increase
- Use visuals
- Introduce key vocabulary before lesson
- Teacher models reading aloud daily
- Provide peer tutoring
- Use of Bilingual Dictionary
- Guided notes and/or scaffold outline for written assignments
- Provide students with English Learner leveled readers.

Supports for Students With IEPs:

- Allow extra time to complete assignments or tests
- Guided notes and/or scaffold outline for written assignments
- Work in a small group
- Allow answers to be given orally or dictated
- Use large print books, Braille, or books on CD (digital text)
- Follow all IEP modifications

At-Risk Students:

- Guided notes and/or scaffold outline for written assignments
- Introduce key vocabulary before lesson
- Work in a small group
- Lesson taught again using a differentiated approach
- Allow answers to be given orally or dictated
- Use visuals / Anchor Charts
- Leveled texts according to ability

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Gifted and Talented:

- Create an enhanced set of introductory activities (e.g. advance organizers, concept maps, concept puzzles)
- Provide options, alternatives and choices to differentiate and broaden the curriculum
- Organize and offer flexible small group learning activities
- Provide whole group enrichment explorations
- Teach cognitive and methodological skills
- Use center, stations, or contracts
- Organize integrated problem-solving simulations
- Propose interest-based extension activities
- Expose students to beyond level texts.

Supports for Students With 504 Plans:

- Follow all the 504 plan modifications
- Text to speech/audio recorded selections
- Amplification system as needed
- Leveled texts according to ability
- Fine motor skill stations embedded in rotation as needed
- Modified or constrained spelling word lists
- Provide anchor charts with high frequency words and phonemic patterns

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