TOIS April 2017

Our menus are aligned with the USDA's Healthy Hunger Free Kids Act.

Weekly Breakfast Menu

Monday – WG Cereal and Graham Crackers Tuesday – Mini Pancakes or Hot Breakfast Sandwich Wednesday – Whole Grain Breakfast Pastry Thursday – Breakfast Pizza Friday – WG Muffin and Graham Crackers

All Breakfasts come with Fruit and 1% or Skim Milk

4/3 Bosco Sticks with Marinara and Cross Trax Sweet Potato Fries	4/4 Chicken in a Basket w/Biscuit and Potato Wedges	4/5 Baked Macaroni and Cheese with Roll and Broccoli	4/6 Chicken Stir fry over Brown Rice with Chinese Style Vegetables	4/7 Big Daddy's Pizza With Baby Carrots
4/10 School Closed for Spring Break	4/11 School Closed for Spring Break	4/12 School Closed for Spring Break	4/13 School Closed for Spring Break	4/14 School Closed for Spring Break
4/17 School Closed for Spring Break	4/18 Popcorn Chicken Bowl w/Roll Mashed Potatoes, Gravy and Steamed Corn	4/19 Beefy Baked Ziti with Roll and Green Beans	4/20 Jumbo Popcorn Chicken w/Roll, Dipping Sauce and Baked Fries	4/21 Hand Tossed Pizza with Carrot Sticks
4/24 Mozzarella Sticks with Marinara and Cross Trax Sweet Potato Fries	4/25 Chicken Tenders and Roll with Golden Corn	4/26 Pasta and Meatballs or Meatball Hoagie and Steamed Peas	4/27 Chicken and Waffles with Baked Beans	4/28 French Bread Pizza with Assorted Toppings and Side Salad
				All meals include a trip through our Thrive Garden Bar & Milk



A MINIMUM OF 4 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety

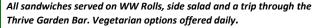
Locally Grown items are offered whenever seasonally available

Low Fat or Fat Free Milk included with all meals



EVERYDAY CHOICES

Turkey Sandwich
Daily Specials and Weekly Specials





EVERYDAY CHOICES

Flame Broiled Beef Patty, Chicken & Daily Specials

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All sandwiches served on WW buns, hot vegetable & a trip through the Thrive Garden Bar. Vegetarian options offered daily.



WEEKLY CHOICES

Week #1 Asian Chicken Salad or Ham and Cheese
Week #2 Chicken Salad Sandwich or Chicken Caesar Salad
Week #3 Chicken Caesar Wrap or Chef Salad
Week #4 Antipasto Salad or Italian Hoagie
Week#5 Crispy Chicken Salad or Turkey and Cheese
Include a trip through the Thrive Garden Bar and Whole Grain Product



SP Smart Pick

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium, & calories.

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 30350-9413 or cal (800) 795-3373 (voice) or (303) 730-6383 (TTY). USDA is an equal opportunity provider and employer.