

TOIS

April 2017

Our menus are aligned with the USDA's Healthy Hunger Free Kids Act.

Weekly Breakfast Menu

Monday – WG Cereal and Graham Crackers
 Tuesday – Mini Pancakes or Hot Breakfast Sandwich
 Wednesday – Whole Grain Breakfast Pastry
 Thursday – Breakfast Pizza
 Friday – WG Muffin and Graham Crackers

All Breakfasts come with Fruit and 1% or Skim Milk

4/3 Bosco Sticks with Marinara and Cross Trax Sweet Potato Fries	4/4 Chicken in a Basket w/Biscuit and Potato Wedges	4/5 Baked Macaroni and Cheese with Roll and Broccoli	4/6 Chicken Stir fry over Brown Rice with Chinese Style Vegetables	4/7 Big Daddy's Pizza With Baby Carrots
4/10 School Closed for Spring Break	4/11 School Closed for Spring Break	4/12 School Closed for Spring Break	4/13 School Closed for Spring Break	4/14 School Closed for Spring Break
4/17 School Closed for Spring Break	4/18 Popcorn Chicken Bowl w/Roll Mashed Potatoes, Gravy and Steamed Corn	4/19 Beefy Baked Ziti with Roll and Green Beans	4/20 Jumbo Popcorn Chicken w/Roll, Dipping Sauce and Baked Fries	4/21 Hand Tossed Pizza with Carrot Sticks
4/24 Mozzarella Sticks with Marinara and Cross Trax Sweet Potato Fries	4/25 Chicken Tenders and Roll with Golden Corn	4/26 Pasta and Meatballs or Meatball Hoagie and Steamed Peas	4/27 Chicken and Waffles with Baked Beans	4/28 French Bread Pizza with Assorted Toppings and Side Salad
				All meals include a trip through our Thrive Garden Bar & Milk



A MINIMUM OF 4 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety

Locally Grown items are offered whenever seasonally available

Low Fat or Fat Free Milk included with all meals

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EVERYDAY CHOICES

Turkey Sandwich
Daily Specials and Weekly Specials

All sandwiches served on WW Rolls, side salad and a trip through the Thrive Garden Bar. Vegetarian options offered daily.



EVERYDAY CHOICES

Flame Broiled Beef Patty,
Chicken & Daily Specials

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All sandwiches served on WW buns, hot vegetable & a trip through the Thrive Garden Bar. Vegetarian options offered daily.



WEEKLY CHOICES

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Week #1 Asian Chicken Salad or Ham and Cheese

Week #2 Chicken Salad Sandwich or Chicken Caesar Salad

Week #3 Chicken Caesar Wrap or Chef Salad

Week #4 Antipasto Salad or Italian Hoagie

Week #5 Crispy Chicken Salad or Turkey and Cheese

Include a trip through the Thrive Garden Bar and Whole Grain Product

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Vegetarian

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Smart Pick

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium, & calories.

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 20250-9413 or call (800) 795-3373 (voice) or (303) 730-6383 (TTY). USDA is an equal opportunity provider and employer.