## TOIS 2018 MAY

Our menus are aligned with the USDA's Healthy Hunger Free Kids Act.

## Weekly Breakfast Menu

Monday - WG Cereal and Graham Crackers Tuesday - Mini Pancakes or Hot Breakfast Sandwich Wednesday - Whole Grain Mini Cinni Pastry
Thursday - Breakfast Pizza
Friday - WG Muffin and Graham Crackers
All Breakfasts come with Fruit and 1\% or Skim Milk

| Questions or concerns: <br> Please contact <br> Jacqueline.wagner@ <br> Sodexo.com | $5 / 1$ <br> Chicken in a Basket Tator Tots | $5 / 2$ Macaroni \& Cheese w/roll Sautéed Spinach | $5 / 3$ Popcorn Chicken Stir-fry Oriental Vegetable\&Rice | 5/4 <br> Pizza of the Day <br> Side Salad |
| :---: | :---: | :---: | :---: | :---: |
| $5 / 7$ <br> French Toast w/syrup Sweet Fries | 5/8 Chicken Nuggets Waffle Fries | $5 / 9$ <br> Meatball Hoagie Broccoli Bites | 5/10 <br> Walking Nachos Baked Beans | 5/11 <br> Pizza of the Day <br> Side Salad |
| $5 / 14$ <br> Maple Pancakes \& Bacon Cross Trax Potatoes | 5/15 <br> Crispy Chicken Bowl <br> Mashed Potatoes | 5/16 <br> Baked Ziti w/roll <br> Roasted Vegetables | $5 / 17$ <br> Jumbo Popcorn Chicken <br> Roll \& sauces <br> Vegetarian Beans | 5/18 <br> Pizza of the Day <br> Side Salad |
| $5 / 21$ <br> Mozzarella Sticks \&Sauce Glazed Carrots | 5/22 <br> Chicken Tenders w/roll Smile Fries | $5 / 23$ <br> Pasta bar w/roll Broccoli Spears | 5/24 <br> Chicken \& Waffles <br> Three Bean Salad | 5/25 <br> Pizza of the Day Side Salad |
|  | 5/29 Popcorn Chicken w/roll Baked French Fries | $\begin{gathered} 5 / 30 \\ \text { Corn Dogs } \\ \text { Corn on the Cob } \end{gathered}$ | $\begin{gathered} \text { 5/31 } \\ \text { Beef \& Cheese Nachos } \\ \text { Vegetarian Beans } \end{gathered}$ |  |

A MINIMUM OF 4 SIDES OFFERED DAILY WITH LUNCH CHOICES
THRNE
Fresh Garden Salad Greens plus Fruits \& Vegetables, in an inviting variety Locally Grown items are offered whenever seasonally available Low Fat or Fat Free Milk included with all meals


## EVERYDAY CHOICES

Flame Broiled Beef Burgers, Chicken Patties, Hotdogs, Cheese Steaks \& BBQ Riblettes

## WEEKLY CHOICES

Week \#1: Ham\&Cheese, Turkey Club Salad, Bagel Boat \& Healthy Hummus Bento Box Week \#2 : Tuna Salad, Crispy Chicken Caesar Salad, Cereal Boat \& Deli Bento Box Week \#3 : Chicken Caesar Wrap, Chef Salad, Cheese and Cracker Boat \& Egg\&Muffin Bento Box Week \#4: Italian Sub, Grilled Chicken Salad, Pretzel Bag Deli Bento Box
Week\#5 : Turkey\&Cheese, Garden Salad w/cheese, Yogurt Boat \& Cheese Bento Box Available Daily: Turkey \& Cheese \& Peanut Butter \& Jelly

| V | Vegetarian | We use menu identifiers in the café to help student recognize <br> Vegetarian \& Smart Pick options. Smart Pick selections meet |
| :--- | :--- | :--- |
| SP | Smart Pick | specific criteria for fat, sodium, \& calories. |

