TOIS 2018 MAY

Our menus are aligned with the USDA's Healthy Hunger Free Kids Act.

Weekly Breakfast Menu

Monday – WG Cereal and Graham Crackers Tuesday – Mini Pancakes or Hot Breakfast Sandwich Wednesday – Whole Grain Mini Cinni Pastry Thursday – Breakfast Pizza Friday – WG Muffin and Graham Crackers

All Breakfasts come with Fruit and 1% or Skim Milk

Questions or concerns: Please contact Jacqueline.wagner@ Sodexo.com	5/1 Chicken in a Basket Tator Tots	5/2 Macaroni & Cheese w/roll Sautéed Spinach	5/3 Popcorn Chicken Stir-fry Oriental Vegetable&Rice	5/4 Pizza of the Day Side Salad
5/7 French Toast w/syrup Sweet Fries	5/8 Chicken Nuggets Waffle Fries	5/9 Meatball Hoagie Broccoli Bites	5/10 Walking Nachos Baked Beans	5/11 Pizza of the Day Side Salad
5/14 Maple Pancakes & Bacon Cross Trax Potatoes	5/15 Crispy Chicken Bowl Mashed Potatoes	5/16 Baked Ziti w/roll Roasted Vegetables	5/17 Jumbo Popcorn Chicken Roll & sauces Vegetarian Beans	5/18 Pizza of the Day Side Salad
5/21 Mozzarella Sticks &Sauce Glazed Carrots	5/22 Chicken Tenders w/roll Smile Fries	5/23 Pasta bar w/roll Broccoli Spears	5/24 Chicken & Waffles Three Bean Salad	5/25 Pizza of the Day Side Salad
Men way \$	5/29 Popcorn Chicken w/roll Baked French Fries	5/30 Corn Dogs Corn on the Cob	5/31 Beef & Cheese Nachos Vegetarian Beans	



A MINIMUM OF 4 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety

Locally Grown items are offered whenever seasonally available

Low Fat or Fat Free Milk included with all meals



See Daily Entrée Selections above.
All entrees served with a Milk,
Vegetable and Fruit or Juice



EVERYDAY CHOICES

Flame Broiled Beef Burgers, Chicken Patties, Hotdogs, Cheese Steaks & BBQ Riblettes



WEEKLY CHOICES

Week #1: Ham&Cheese, Turkey Club Salad, Bagel Boat & Healthy Hummus Bento Box
Week #2: Tuna Salad, Crispy Chicken Caesar Salad, Cereal Boat & Deli Bento Box
Week #3: Chicken Caesar Wrap, Chef Salad, Cheese and Cracker Boat & Egg&Muffin Bento Box
Week #4: Italian Sub, Grilled Chicken Salad, Pretzel Bag Deli Bento Box
Week #5: Turkey&Cheese, Garden Salad w/cheese, Yogurt Boat & Cheese Bento Box
Available Daily: Turkey & Cheese & Peanut Butter & Jelly





Vegetarian



We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium, & calories.

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 30350-9413 or cal (800) 795-3373 (voice) or (303) 730-6383 (TTY). USDA is an equal opportunity provider and employer.