

# TOIS 2018 November

Our menus are aligned with the USDA's Healthy Hunger Free Kids Act.

*All Menu's & Nutritionals on the  
SD HAPPY APP*

## Weekly Breakfast Menu

Monday – WG Cereal and Graham Crackers  
Tuesday – Mini Pancakes  
Wednesday – Whole Grain Mini Cinni Pastry  
Thursday – Benefit Bar  
Friday – WG Muffin and Graham Crackers

All Breakfasts come with Fruit and 1% or Skim Milk

	Any concerns: Contact Jacqueline.wagner@ Sodexo.com 732-531-5630 x7091		11/1 Nacho Supreme Lettuce, Salsa & Cheese Spanish Beans	11/2 Big Daddy Pizza French Fries Side Salad
11/5 Waffles & Bacon Cinnamon Apples	11/6 Chicken in a Basket Waffle Fries	11/7 Pepperoni Pizza French Fries	11/8 School Closed Teachers Convention	11/9 School Closed Teachers Convention
11/12 French Toast w/sausage Cinnamon Sweet Potatoes	11/13 Meatball Hoagies! Smile Fries	11/14 Baked Macaroni & Cheese Steamed Broccoli	11/15 Hot Turkey Feast Mashed Potatoes	11/16 Big Daddy Pizza French Fries Side Salad
11/19 Mozzarella Sticks Baby Carrots	11/20 Cheese Pizza Waffle Fries	11/21 Early Dismissal No Lunch Served	11/22 School Closed Happy Thanksgiving	11/23 School Closed
11/26 Fluffy Pancakes Sweet Fries	11/27 Chicken Tenders French Fries	11/28 Chicken Parmesan Sandwich Steamed Green Beans	11/29 Baked Chicken & Waffles Seasoned Beans	11/30 Big Daddy Pizza French Fries Side Salad



A MINIMUM OF 4 SIDES OFFERED DAILY WITH LUNCH CHOICES

Fresh Garden Salad Greens plus Fruits & Vegetables, in an inviting variety

Locally Grown items are offered whenever seasonally available

Low Fat or Fat Free Milk included with all meals

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See Daily Entrée Selections above.  
All entrees served with a Milk,  
Vegetable and Fruit or Juice



EVERYDAY CHOICES  
Flame Broiled Beef Burgers,  
Chicken Patties, Hotdogs,  
Cheese Steaks & BBQ Riblettes



### WEEKLY CHOICES

Week #1 Turkey & Cheese Sub or Garden Salad & Cheese Bento

Week #2 Ham & Cheese Sub, Turkey Club Salad

Week #3 Tuna Sub, Chef Salad & Cheese & Pretzel Cube Bento

Week #4 Turkey Club Sandwich, Crispy Chicken Salad

Week #5 Italian Sub, Grilled Chicken Salad & Egg & Muffin Bento

Available Daily: Turkey & Cheese & Peanut Butter & Jelly

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Vegetarian

We use menu identifiers in the café to help student recognize Vegetarian & Smart Pick options. Smart Pick selections meet specific criteria for fat, sodium, & calories.

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Smart Pick

To file a complaint of discrimination, write U.S. Department of Agriculture, Director, Office of Adjudication and Compliance, 1400 Independence Avenue, SW, Washington, DC 30350-9413 or call (800) 795-3373 (voice) or (303) 730-6383 (TTY). USDA is an equal opportunity provider and employer.